

Precision Nutrition Level 2 Certification Fact Sheet

The Precision Nutrition Level 2 Certification is an exclusive yearlong nutrition and lifestyle coaching master class. It's designed for professionals with a deep commitment to excellence looking for an unparalleled education and practical hands-on experience.

In the program, each student receives one-on-one mentoring from a Precision Nutrition Master Coach, who guides them through 12 months of immersive study and practice. This world-class curriculum includes daily habits and lessons, and real-world, real-client problem solving, using the science-proven behavior-change coaching method we've used to help over 100,000 people get in the best shape of their lives.

With the support of their mentor, health and fitness professionals build elite-level coaching skills that allow them to deliver life-changing results to anyone, enhance their credibility, and drive business profitability. In fact, our internal research suggests the average Precision Nutrition Level 2 coach gets and retains 10 times more clients than the average Level 1 Coach.

To date, nearly 2,500 health and wellness professionals have enrolled in the Precision Nutrition Level 2 Certification program.

Continuing Education Units/Credits (CEUs/CECs*)

Precision Nutrition Level 2 Certification graduates can earn CEUs with the following organizations:

- ACE (2.0 CECs)
- ACSM (20 CECs)
- CDR (16 CPEUs)
- CPTN (14 CECs)
- NASM (1.9 CEUs)
- PTA Global (24 CECs)

Additional organizations accept the Precision Nutrition Level 2 Certification course as a CEU on a one-off basis. Program graduates just submit a summary of the course and their certificate for review.

**A CEU/CEC is a unit of credit equal to ten hours of participation in an accredited program designed for professionals with certificates or licenses to practice various professions.*

Sign-Up Process and Cost

The opportunity to start Precision Nutrition Certification is available twice a year – in April and October.

- Precision Nutrition Level 1 graduates can sign up via the Precision Nutrition website at: <https://www.precisionnutrition.com/nutrition-certification-level-2-presale-list>
- Precision Nutrition’s pre-sale opportunities enable professionals to get on a waiting list up to six months in advance and receive up to a 37% discount on the program. If professionals register early, they can select either a one-time payment of \$2,625 or \$262.50 per month for 12 months.
- Professionals not on the pre-sale list pay \$349 per month for 12 months.

Testimonials

“The biggest thing about the Level 2 Certification that will make you a better coach is the behavior change process and the mentorship. The mentorship is priceless – you can’t get that from any book.”

- Spencer Nadolsky, Doctor of Osteopathy, Bariatric Medicine and author of *The Fat Loss Prevention*

“Every day you learn something new. At least three or four lessons a week you will learn something you can apply that day. If you’re a nutrition coach, if you’re a performance coach, if you’re a behavioral coach, if you’re a coach where you help people, Precision Nutrition Level 2 gives you all the tools necessarily to help anybody with anything.”

- Adam Lloyd, CSCS, Founder, Adam Lloyd Performance

“If you want to help people in the biggest most meaningful way...help them change their lives. Level 2 Certification gives you everything you need to do that.”

- Will Boggs, MD, Internal Medicine

“There were always those couple of clients I felt like I couldn’t get through to and honestly, I wish I could go back and re-work with them now that I’ve done Level 2 certification.... One of the biggest things I got out of Level 2 was that you can’t just tell clients what they need to do. You need to help guide them into making those decisions themselves. That way, they have ownership over it.”

– Mary Kate Feit, MEd, CSCS, University of Louisville, University of Iowa, Boston University